

The New York Public Library
Kips Bay Library

446 3rd Ave
 New York, NY, 1221
 212-683-2520

SEPTEMBER 2019 | FREE Programs

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 LIBRARY CLOSED	2 LIBRARY CLOSED	3	4	5	6	7
8	9 2 PM- Stay Well Exercise	10	11	12 12 PM- Film " His Girl Friend" 3 PM- Film "Fighting With My Family"	13 1 PM- Film "Now is Good"	14 10:30 AM- Kips Bay Library Classic Literature Group
15	16 2 PM- Stay Well Exercise	17	18 2 PM- Alzheimer's Disease and Related Dementia	19 3PM- Film "The Public"	20	21 11 AM- Yoga for beginners
22	23 2 PM- Stay Well Exercise	24	25	26 12 PM- Film " His Girl Friend" 3 PM- Film "Shazam!"	27 1PM- Film "Miracle at St. Anna"	28 10:30 AM- Kips Bay Library Book Discussion
29	30 2 PM- Stay Well Exercise					

*****All programs subject to change or cancellation without prior notice.



Alzheimer's Disease & Related Dementia

Wednesday, September 18
2 PM

Are you caring for a family member or friend with memory problems?

NYU's family support program is designed to enhance the quality of life and well-being of caregivers by providing consultations, research, support services, and education.

Yoga For Beginners

Saturday, September 21
11 AM

In this session, you will learn simple but powerful yoga postures to balance and stabilize your system. No prior experience with yoga is necessary.

Stay Well Exercise

Every Monday
2 PM

The New York Public Library and Department for Aging are jointly sponsoring weekly "Stay well Exercise" classes for older adults.

Get a Library card!

92 LOCATIONS
BRONX • MANHATTAN
STATEN ISLAND

nypl.org

Kips Bay Library

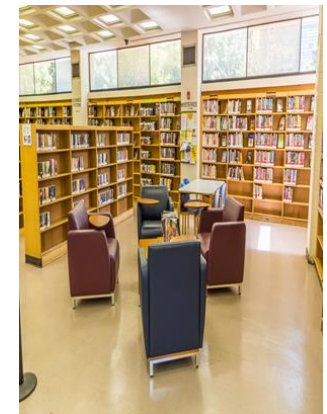
EVENTS & CLASSES

September 2019

446 3rd Ave
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HOURS

Monday	10 AM-6 PM
Tuesday	10 AM-6 PM
Wednesday	10 AM-6 PM
Thursday	10 AM-6 PM
Friday	10 AM-6 PM
Saturday	10 AM-5 PM
Sunday	CLOSED



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Partially Accessible

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nypl.org/events



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