

The New York Public Library

Kips Bay Library

446 3rd Ave
 New York, NY, 10016
 212-683-2520

JULY 2018 | FREE Programs

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 2PM- Stay Well Exercise	3	4 NYPL closed for Independence Day	5	6	7 11AM- Yoga for Beginners
8	9 2PM- Stay Well Exercise	10	11	12 1PM- Film "A Man for All Season" 4PM- Film "Black Panther"	13 1PM- Film "Deliverance"	14 10:30 AM- Kips Bay Library Classic Literature Discussion Group
15	16 2PM- Stay Well Exercise	17	18	19 4PM- Film "Game Night"	20	21
22	23 2PM- Stay Well Exercise	24	25	26 1PM- Film "Suddenly Last Summer" 4PM- Film "The 15:17 to Paris"	27 10AM- LA Leche League Toddler Meeting 1PM- Film "Adaptation"	28
29	30 2PM- Stay Well Exercise	31 2PM- Alzheimer's Disease, Parkinson Disease and Lewy Body Dementia				

Alzheimer' Disease, Parkinson Disease and Lewy Body Dementia

Tuesday, July 31

2:00 PM

Join us for a presentation exploring Alzheimer's Disease, Parkinson's Disease and Lewy Body Dementia as part of the Weill Cornell Medicine Wellness Series at the Kips Bay Library.

LA Leche League Toddler Meeting

Friday, July 27

2:00 PM

Gather to discuss the joys and challenges of nursing an older baby Babies 9 months and older.

The Classic Literature Reading Group of Kips Bay Library

Saturday, July 14

10:30 AM

The New York Public Library and Department for Aging are jointly sponsoring weekly "Stay well Exercise" classes for older adults.

Yoga for Beginners

Saturday, July 7

11 AM

In this session, you will learn simple but powerful yoga postures to balance and stabilize your system. No prior experience with yoga is necessary.

Get a Library card!

**92 LOCATIONS
BRONX • MANHATTAN
STATEN ISLAND**

nypl.org

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 Partially Accessible

Connect with us:  

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nypl.org/events

**FREE
PROGRAMS**

Kips Bay Library

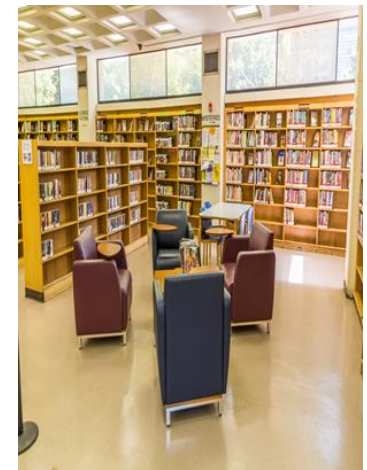
EVENTS & CLASSES

July 2018

446 3rd Ave
New York, NY, 10016
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HOURS

Monday	11 AM–7 PM
Tuesday	11 AM–7 PM
Wednesday	11 AM–7 PM
Thursday	11 AM–7 PM
Friday	10 AM–5 PM
Saturday	10 AM–5 PM
Sunday	Closed



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