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THE CITY OF NEW YORK
MANHATTAN COMMUNITY BOARD SIX
P.O. BOX 1672
NEW YORK, NY 10159-1672

Health + Education Committee
April 24th, 2018
433 1st Avenue, New York, NY, Room 220

Meeting Minutes

Present: Elvy Barroso (Chair), Carin van der Donk (Vice Chair), Claude L. Winfield, John Keller, David Tsin

Absent: Ava Goldman, Karen Moore, Ahsia Badi, Jeff Mailman, Louise Dankberg

Guests:

David Rivera	Thrive NYC	(646) 988 8656
Federico Zuniga	Bellevue Detox	(646) 416 2600
Shanika Reid	Student	
Rebecca Chew	ACS – Children’s Center	(646) 935 1719
Rachel Leasen	ACS	(646) 935 149?
Rebecca Chew	ACS	(212) 588 3356
Emily Walsh	NYC Council	(212) 818 0556
Ric Kanamara		(646) 696 6882

Call to Order and Adoption of the Agenda/Previous Meeting’s Minutes

Elvy Barroso called the meeting to order at 06:30 PM.

Committee Business

1. Presentation by the Bellevue Hospital Detox Unit.

Presenter: Dr. Frederico Zuniga, Bellevue: Division of Alcoholism and Drug Abuse Detoxification Services.

Mission of the Service:

Provide a safe and effective withdrawal from alcohol and / or other substances for persons who are intoxicated or dependent, and the minimization of physical discomfort and other impacts of withdrawal.

Unit has 20 beds, serving approximately 1500 to 2000 individuals a year. Many are referred to long term care, or given a list of long term treatment facilities.

They provide informational services and overdose medical kits.

Question from John Keller:

Where do most of the patients come from?

Answer:

Brought in via ambulance, NYPD, transferred from the ER, many homeless individuals. Patients come from all over the Tri-State area.

Question from Claude Winfield:

What is the turn over rate? Does your service refer patients back to referring agency like Breaking Ground?

Answer:

6 to 7 days. No.

Question from Elvy Barroso:

Is a discharge plan provided? Is there a system to track the outcome of the patients?

Answer:

Patients receive a discharge plan. Patients are not tracked, due to lack of staff. Patients are assigned case managers.

2. Presentation by Thrive NYC on the City's free Mental Health First Aid training for all New Yorkers.

Presenter: David Rivera from Thrive NYC.

- Program was launched 1 year ago.
- The goal is to train 250,000 New Yorkers by 2021 to identify, understand and respond to signs of mental health and misuse challenges and crises.
- Full day training sessions offered, to the community, city agencies, and anybody else who request the sessions.
- A hotline for mental health resources has been launched to make it easier to access resources.

Question from John Keller:

Who are your main contacts in schools?

Answer: Principals tend to reach out for these training sessions.

3. Discussion of The Children's Center (492 1st Avenue) run by Administration for Children's Services.

Current Issue: The Center is meant to be a temporary place for children to be housed and receive care before being placed into a foster home. Teens temporarily residing there have been said to leave and enter NYCHA buildings in the nearby area, allegedly doing illegal activities.

There have been previous issues and meetings with The Children's Center and CB6 for similar issues, dating back to 2016. (See minutes H+E May 24, 2016).

Dr. Pavithra Mandappa has been working at the center since Summer 2017. She has focused on providing trauma informed care.

- A positive reward / behavioral plan has been implemented for all children.
- The center has a high turnover of neglected or abused children, usually hosting 70 on a daily basis and with a capacity of 101 maximum. The children are experiencing a difficult time, which can cause difficult behavior.
- Over the last year a lot of changes have been made. In particular, an increase in Social Workers at the center.
- More focus on making sure the children are receiving Early Intervention Services.
- The children stay for an average of 6 days before going into foster care.

Question from Elvy Barroso: There have been complaints about alleged illegal activities?

Answer:

- The facility is not locked, it is not a detention center. Older teenagers can move around.
- Safety is a priority at the center. A safety committee has been set up in partnership with the 13th Precinct, and it meets bi-weekly.
- Children are encouraged to enroll in the Police Athletic League (popular with the kids).
- Behavioral Plans have been implemented.
- Center relies heavily on the services provided by Bellevue.

Question from Claude W.:

Have the older teenagers been removed, per the meeting in 2016.

Answer: No, many factors play into who gets placed into the shelter. Siblings are kept together. Children with Special Needs are considered. Not age.

Question from Carin van der Donk:

Could the H+E committee piggy back on your safety meetings to increase our awareness, as an easy way to facilitate a CAB (Community Advisory Board)?

Answer:

Perhaps.

4 Updates from Committee Leads: Aging, Education, Health

Waived.

5. Chair's Report

Waived

6. Old/New Business

David Tsin suggested we contact Principals from local schools to learn more about the budgetary needs of these schools. Perhaps create a survey.

He suggested we look into Intro 618-2018 and Intro 347-2018 for possible support from CB6.

John Keller: Principals submit a capital budget to capital planning, this is public information. This budget is matched with a 10 year capital plan. Available on the Board of Education website.

Adjournment

Elvy Barroso declared the meeting adjourned at 7:45 PM

Minutes Submitted by: Carin van der Donk