



Community Board Six Manhattan

East Midtown News and CB 6 Activities - 4/13/15

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*n this issue: **News:** Clara Reiss honored for 50 years service to CB6; East Side Coastal Resiliency; Queens Midtown Tunnel Repair update; reports on NYC gas distribution system and loss of affordable housing; mega tower planned for Sutton Place; PlaNYC presentation and request for public input. **Events:** Boomers and Seniors presentation, 4/16; CB6 Spring Senior Forum, 5/05; It's My Park Day volunteer events, 5/16; Make Music NY, 6/21. **Events for Businesses:** Social Media Workshop, 4/16. **Services:** NYC services for teens; join the CB6 list of leaders of East Midtown coop and condo boards and tenant associations; and more.*

Clara Reiss Honored for 50 Years of Service to CB6

At the CB6 Full Board meeting last week, representatives of Manhattan Borough President Gale Brewer and Councilmembers Dan Garodnick and Rosie Mendez, along with CB6 Board Chair Sandro Sherrod, presented Clara Reiss with proclamations honoring her 50 years of service. Ms. Reiss, a past Board Chair, was instrumental in the development of Renwick Gardens and Norman Thomas High School, and the preservation of Ephiphany Library, as well as the Bellevue Hospital Community Advisory Board and many other health care advocacy and community service projects. Throughout the years, Clara's devotion, passion and leadership have made a difference in the quality of life in CB6. More pictures on [our Facebook page](#).

City Invited and Received Community Input on East Side Coastal Resiliency Plan.

The [East Side Coastal Resiliency Project](#), still in its early stages, held workshops to receive input from community residents on how they want to interact with the waterfront. Another workshop soliciting input is planned for the end of May.

Queens-Midtown Tunnel Repair Update

A four year rehabilitation project by the MTA for the Queens-Midtown Tunnel, which was severely damaged by Hurricane Sandy, will begin in summer of 2015. Work will occur on nights and select weekends to limit the impact on traffic. During weeknights from 10:30 PM to 5:30 AM, one tunnel will be closed for construction, while the other will remain open to traffic in both directions. To ease traffic flow, E 37th street will be converted into a 2-way street during work hours to mitigate congestion, as it will be the only exit road from the tunnel during parts of the project. [For more about the project click here.](#)

New Report on NYC's Gas Distribution System

The tragic explosion in the East Village led Center for an Urban Future to publish [a new report](#) on the age and condition of our gas infrastructure. While 53% of the 6,400 miles of gas mains running beneath city streets were installed prior to 1960, the city's gas providers—Con Edison and National Grid—have improved the safety and efficiency of the distribution system in recent years, and reported gas leaks are down. CUF says that further improvements are needed.

Report: Some Neighborhoods are Losing Affordable Housing

An [NYU](#) report on [changes in subsidized rental housing in NYC](#) found that many property owners in higher-opportunity neighborhoods are converting their subsidized properties to market-rate when their affordability restrictions expire. As a result, the city is losing affordable housing in the neighborhoods with the highest quality schools, lowest crime rates, and greatest access to jobs.

900 Foot Tall Luxury Tower Planned for Sutton Place

Because [the project](#) is "as of right," it does not require CB6 review prior to construction. Board members and elected officials will study the project and ways to mitigate its impacts.

Park Avenue Underpass Closings Between April 13 - April 20

The underpass will be closed for inspection between 10 PM and 6 AM on about four weeknights in this period. Emergency vehicles will be allowed to use the tunnel during the closures.

PlaNYC 2015 Presentation and Request for Public Input

Several CB6 board members and residents heard a presentation about [PlaNYC 2015](#), which will be released on April 22. This long-term plan for the City attempts to address:

- How can we make it easier to participate in NYC's civic, economic, and cultural life?
- How can NYC accommodate a half million more people over the next 30 years?
- How can we grow an equitable and diverse economy that creates good paying jobs?
- How do we create healthy, sustainable, and resilient communities?

Citizens are invited to offer their [answers to these questions here](#).

In Other News...

Carl Weisbrod, Chair of the City Planning Commission, [on East Midtown and affordable housing](#).

NYC Dept. of Sanitation will be putting twenty sets of new trash containers on the NE corners of Third Avenue from 14th St. to 33rd Streets. Each set will include one trash can and two public recycling bins - one can for paper refuse and one for metal and glass.

NYC Parks Dept. will be closing several streets within CB6 for traffic, for about half a day each, to allow for safe pruning of trees.

Events

Senator Liz Krueger's Roundtable for Boomers & Seniors, April 16

Lenox Hill Neighborhood House, 331 East 70th St. 8:30 – 10:30 AM.

Two presentations: "End-of-Life Decisions," by Bernie Lee, M.D., Associate Chief Medical Officer at MJHC Hospice and Palliative Care; "Ageism and The Dance of Marginality," by Alice Fisher, M.A., M.S.W., founder of The [Radical Age Movement](#). RSVPs are required. Contact [Tammie Williams](#) or call [212-490-9535](#). RSVPs are required for this event.

CB6 Spring Senior Forum, May 5

Panelists will address mental health issues, treatment, prevention and wellness.

Following the panel, attendees will be able to network with organizations providing senior services, and see demonstrations of various wellness practices. Council Member Corey Johnson, Chair of the Council's Health Committee, will be the keynote speaker.

Panelists will include: Robert Tobing, LCSW, Chief Program Officer, Service Program for Older People (STOP); Michael Golub, MSW, Center for Urban Community Services Institute; and representatives from the Stein Senior Center. Stein Senior Center, 204 E 23rd St., 6 - 8 PM. No charge to attend. RSVP to office@cbsix.org or call [212-319-3750](#).

It's My Park Day Volunteer Events in May

Most of these projects will take place on May 16. Some of the sites will likely include the 2nd Ave. median between E 33rd and E 30th Streets, Stuyvesant Square Park, Augustus St Gaudens, Albano Playground, St. Vartan Park, Glick Park, and Sutton Place Parks. [Details about the events will be posted to this link.](#)

Volunteer Tree and Park Clean Up Events in Kips Bay

Events are scheduled for April 18, and 25, May 9 and 17. Visit [Kips Bay Neighborhood Association](#) or email trees@KipsBayNeighborhoodAssociation.org for information and meeting places.

Make Music NY Seeks Venues in CB6 for Free Concerts on June 21



[Make Music New York](#) is a single day event, based on the French holiday of the Fête de la Musique, with over 1,300 free concerts on streets, sidewalks, parks, and other public spaces throughout NYC, all on June 21st. There is no charge to participate or to attend: MMNY is open to all who wish to perform, enjoyed by all who wish to listen. The day celebrates our city's diverse cultural richness, and the power of music to unite people from all walks of life. Contact MMNY if you are a musician willing to play or if you represent a venue willing to host a performance.

CB6 Events for Businesses

Free Internet and Social Media Workshop, Thurs. April 16

This free workshop with SCORE NYC Certified Business Mentor Maurice Bretzfield is co-sponsored by CB6 and the US Small Business Administration. Science, Industry and Business Library, 188 Madison Avenue at 34th St. RSVP to office@cbsix.org or [212.319.3750](tel:212.319.3750).

Mr. Bretzfield will explain how to optimize the web presence of your business:

1. Your website is your most important marketing tool. All of an enterprise's online marketing efforts should drive traffic to its website.
2. Each social media platform is different and requires different strategies.
3. Choose the right social media platforms for your business.

During his 40+ year career Maurice Bretzfield has acquired deep knowledge of business management, financial planning, information architecture and all forms of internet marketing. He has been creating profitable digital marketing solutions for clients since 1995. His clients have included Sony Music, The Walt Disney Company, Microsoft, MTV and many more.

[SIBL](#) is a premier public business library with comprehensive print materials, electronic resources, and services for start-ups and established businesses seeking expansion, and for job seekers from entry to executive levels. Library staff provide roving assistance and consultations. Advisory services are offered on-site by experienced business owners, career coaches, certified financial planners and financial fitness coaches. [US SBA](#) offers free workshops & counselors. With [NYC SCORE](#), register for free business coaching, mentoring and start-up support from volunteer executives from a wide range of industries.

Services

NYC Services for Teens



Got Stress?
Text it Out!

Chiara de Blasio

Text NYCTeen to 65173

When You Text NYCTeen to 65173, You Get:

- Free information, help, and emotional support Monday through Friday 2:30-9:00 P.M., and weekends 1:00-9:00 P.M.
- Counselors who will respond without judgment
- Resources to connect you or someone you care about with ongoing support
- A service that is free and confidential*

*Standard text messaging rates apply based on individual plans.

NYC Health

Many NYC teens cope with emotional stress, but few seek help. According to a recent survey, 27% of NYC public high school students reported that they felt sad or hopeless almost every day for two or more weeks. First Lady Chirlane McCray and Chiara de Blasio announced the launch of NYC Teen Text, a new mental health resource for teens at 10 high schools throughout New York City. Teens at these schools can text to receive

prompt, confidential information and emotional support. For more about [the pilot program](#). Other resources for teens are available at www.NYC.gov/teen

Join the Community Board 6 List of Leaders of East Midtown Coop and Condo Boards and Tenant Associations

CB6 can provide information about an array of city services and assist boards of coops, condos and tenant associations in addressing city service delivery concerns and expediting service requests. [Join the contact list](#). Send us the name, email and other contact information for your president or representative, along with the address of your building. We'll add you to our [list of community organizations](#) - or if you prefer, we'll keep it private.

On the CB6 Resource Page

- Details on all NYC Dept. of Design and Construction projects [on this map](#)
- CB6 list of [community organizations](#), tenant groups and coop board contacts
- List of [houses of worship](#) in CB6
- CB6 list of [eviction prevention, housing and tenant advocacy resources](#).
- Maps of street tree locations in CB6, and [tree care resources](#)
- [Our short guide to permitted locations](#) for food trucks and carts.
- New electronic waste disposal rules and [free recycling options](#)
- What's next after getting your go bag? Review [the 4 Steps to Preparedness](#): household emergency plans; emergency kits; becoming aware of potential disruptions and learning what to do before, during and after; and lastly, volunteer opportunities.
- Call 311 to expedite service requests. Contact office@cbsix.org with the 311 request number you are given to expedite service.
- [Our 311 flyer](#) explains the benefits of calling 311 for neighborhood issues, or entering requests online at www.nyc.gov/311. Copy or customize it for your building.
- List of CB6 [Full Board meeting minutes](#) and resolutions
- Other [CB6 resources](#), such as the FAQ on how community boards work; and directories of elected officials, police precincts and senior services
- [The CB6 newsletter archive](#), to catch up on what you may have missed

Submit your Questions and Complaints

Please contact CB6 at office@cbsix.org with your comments, questions and service requests.

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